



- S** POT THE HAZARD
- A** SSESS THE RISK
- F** IX THE PROBLEM
- E** VALUATE RESULTS

The Play it SAFE steps can help prevent body strain in your workplace. For your free *Body Strain Prevention Kit* for employers or *Body Strain Prevention for Workers* guide, call Workplace Standards Tasmania on 1300 366 322. Use your brain, avoid the strain.

